

Pahoa High & Intermediate School



15-3038 Pahoa Village Road
Pahoa, HI 96778
Website: pahoahis.org
Phone Number: (808) 313-4300

Principal, Darlene Bee
Vice Principal, Kim Williamson (Grades 7 & 8)
Vice Principal, Kasey Eisenhour (Grades 10-12)

School Highlights -

Visit school website to view additional school highlights and images

Once a Dagger Always a Dagger

Thank you to Vice Principal Mrs. Sandra Haiku and Mrs. Deborah Toyozaki-Maehira for their commitment and dedication to the Pahoa High & Intermediate School students, teachers, staff and community. Mrs. Haiku and Mrs. Toyozaki-Maehira retired in December 2016. The school put together a program to show their appreciation.



Congratulations to Jay Bumanglag who is recognized by his peers as being cooperative LAULIMA and our December Employee of the Month!

Hawaii District FFA Contest. On Saturday (12/10/16), the Pahoa FFA Chapter attended the Hawaii District FFA Conference, along with Honokaa HS, Keaau HS, Konawaena HS, and Waiakea HS. This year, our students competed in 5 of the 10 Hawaii FFA Career Development Events. All students who placed 1st or 2nd in their event are qualified to compete at the State level on Kauai in March 2017. Below are the official results. Please congratulate our Pahoa FFA students on a job well done! Their hard work, dedication and commitment to preparing for their contests really paid off!

Corsage – Taisha Nakatsu and Dylan Salmo, 2nd Place

Creed Speaking – Caeden Kadarusman, 1st Place and Carlo Daquioag, 2nd Place

Extemporaneous Public Speaking – Jerryl John Bernardo, 1st Place

Parliamentary Procedure – 1st Place Kaydelynn Alejandro, Shentel Pacheco, Harvey Tagalicud, CJ Julian and Adrian Kizanis

Team USA Meets Pahoa from Hawaii Tribune Herald Hollyn Johnson

Members of the U.S. Women's Volleyball Team – Courtney Thompson, Tamari Miyashiro, Alizha Glass, Kristin Hildebrand and Lauren Paolini – sing the Pahoa High School's alma mater after giving a presentation to students in the school's gym. The players visited Pahoa as part of a state wide Give It Back Foundation Tour to promote healthy competition and generosity.



Upcoming Events and Activities

January 16 –

Martin Luther King Jr. Birthday Holiday No School

PHIS' MLK Day of Service Beautification Project on PHIS Campus from 9 AM – 12 PM. See Vice Principal Kim Williamson for more information

January 17 – School Community Council Meeting. 3:15 to 4:15 PM. Community, parents and staff are welcome to attend.

February 6 – Parent Meeting with WASC Accreditation Visiting Committee from 4 PM to 5 PM. Contact June Sheffield at june_sheffield@notes.k12.hi.us for more information

Turn Page for Athletic and Sports Events and Announcements



School Breakfast & Lunch Program

Pahoa High & Intermediate School has been designated as a CEPT school (Community Eligibility Provision) for this school year. Breakfast and Lunch is free and available every school day. Call or visit school front office for more information and pick up an application.

Learn More about the Breakfast & Lunch Programs

School Breakfast Program- <http://goo.gl/60UYp2>

Hawaii Child Nutrition Programs -

<http://goo.gl/u3n9fd>

January Healthy Snacks: Apple Chips with Honey-Lemon Mint Yogurt Dip

Ingredients:

3 Gala Apples; 1c Yogurt; 1 tsp. Lemon Zest; 2 ½ tsp. Lemon Juice; 1 ½ tsp. Honey; 1 ½ tsp. chopped fresh mint

Instructions:

1. Preheat oven to 225°.
2. Slide apple in ¼ inches long and 1/16 inches thick. Cut slices until the apple core is exposed. Turn apple over, cut slices from the remaining side until core is exposed. Repeat with remaining 2 apples.
3. Arrange slices in a single layer on a parchment lined baking sheet and bake at 225° for 1 hour 45 minutes, or until edges curl and the chips are golden and crisp. Pull parchment with apple chips onto cooling racks and cool completely, about 20 minutes. The chips will crisp more as they cool.
4. Stir together yogurt and remaining ingredients in a small bowl. Serve with apple chips.

Attention Students and Parents! High School Vice Principal Kasey Eisenhour office moved to Portable Building 34A/B

Hands-Only CPR Training

Attention to all senior students you will have an opportunity to be Hands-Only CPR Trained by Hawaii Fire Department's Captain Chris Hondo and CTE's Clinical Health students on Thursday, January 19, 2017 from 8 to 10 AM. See or contact Ms. Leilani Silva for more information. Email: Leilani_Silva@notes.k12.hi.us; Phone #: 313-4314; Classroom P-30.

Shop for Higher Education Program

Starting February 2017, there will be a new round for Pahoa High & Intermediate School to earn Maka'i points. Every time you Shop at either Foodland and Sack N' Save stores throughout the State, you can earn points for our school to earn \$2,000 scholarships. Please consider Pahoa High & Intermediate School as you designate your choice and use code 7609. Go to <https://goo.gl/uldJKf> for more information.

HAWAII EDUCATIONAL TALENT SEARCH (HETS) PROGRAM

HETS is a program funded by a grant from the U.S. Department of Education that assists students with their future plans of attending a college or university as well as career development. This program is absolutely FREE to all full-time students enrolled at Kea'au, Ka'u, and Pahoa High Schools.

HETS Services

- Career explorations
- College campus visits
- SAT-ACT-PSAT practice test sessions
- Financial aid planning and workshops (including FAFSA).
- After school workshops and tutoring assistance
- Study skills
- Post-secondary education information

HETS Eligibility

- Enrolled at Kea'au, Ka'u, or Pahoa High Schools
- U.S. Citizen or eligible non-citizen
- Preference given to qualifying low income and first generation (whose natural or adoptive parent(s) have not earned a college/university degree)
- No more than 26 years of age

Pick up a brochure and application from Ms. Kiyomi Nozawa Edwards, F-109

Homecoming Shirts on Sale!

Homecoming Shirts for SALE \$15.00 from January 9th to 20th. All proceeds will benefit PHIS' Athletics and Student Body Government. Night Pep Rally on January 27. Homecoming Game is on January 28 at Pahoa.

Please contact the following individuals below for order forms or questions:

Mr. Bumanglag in room G101, email jay_bumanglag@notes.k12.hi.us or call 313-4275

Ms. Hoku Haliniak office located in PHIS' Gym, email hoku_haliniak@notes.k12.hi.us or call 313-4242



Athletic Events and Activities

Boys' Soccer

January 7 - Hilo at Pahoa; 2 PM
January 10 - Ka'u at Pahoa; 1 PM
January 18 - Pahoa at Kohala; 3 PM
January 21 - Christian Liberty at Pahoa; 3PM
January 28 - Pahoa at Ka'u; 3PM

Boys' Soccer Playoffs - January 31 to February 4; Time TBA

Wrestling Team

January 7 at Kealakehe, 8 AM
January 14 at Hilo, 8 AM
January 21 at HPA, TBA
January 28 at Kea'au, TBA

BIIF Wrestling Playoffs at KS Hawaii on February 11

HHSAA Wrestling Championship February 17-18

Paddling Team

January 7 - 8:30 AM at Hilo Bay
January 4 - 10 AM at Kailua-Kona
January 21 - 10 AM at Hilo Bay

Girls' Basketball at 6 PM and 7:30 PM

January 10 - Pahoa at Ka'u
January 13 - Honokaa at Pahoa
January 17 - Pahoa at LPCS
January 18 (Senior Night) - Konawaena at Pahoa
January 21 - Pahoa at Kohala
January 26-27 - Girls Basketball Playoffs at Kealakehe
February 1-4 - HHSAA Girls Basketball Championships

Boys' Basketball at 6 PM and 7:30 PM

January 9 - HPA at Pahoa
January 11 - Hilo at Pahoa
January 14 - Waiakea at Pahoa
January 20 - Pahoa at Honokaa
January 23 - Pahoa at Konawaena
January 25 - Pahoa at KS Hawaii
January 28 (Homecoming) - Kohala at Pahoa
February 9 & 10 - Boys Basketball Playoffs
February 15-18 - HHSAA boys Basketball Championships

Boys' Volleyball Tournament!

Saturday, February 25, 2017. Teams entered: Konawaena, Kea'au, Pahoa, Ka'u Hawaii Prep, Hilo, St. Francis (ILH) and Lanai (MIL). Come and support the concession and our school's volleyball team. There is an entry fee of \$2 per person.

Visit pahoahis.org under PHIS News' Athletic and Sports category for additional and new information.

Contact School Athletic Director at 313-4242