

Pahoa High & Intermediate School

15-3038 Pahoa Village Road
Pahoa, HI 96778
Website: pahoahis.org
Phone Number: (808) 313-4300



Principal, Darlene Bee
Vice Principal, Kim Williamson
Vice Principal, Tiffany Pratt

School Breakfast & Lunch Program

Breakfast and Lunch is free and available every school day. Call or visit school front office for more information.



Healthy Recipes: Warm Cinnamon Apple Chips

Ingredients: 5 Apples; 2 teaspoons cinnamon; 3 teaspoons brown sugar.

1. Preheat oven to 200 degrees Fahrenheit.
 2. Thinly slice apples with a mandoline. On a greased baking sheet. Arrange apple slices so they aren't overlapping.
 3. In a small bowl, combine sugar and cinnamon. Sprinkle on top of the apple chips.
 4. Bake on the top rack of your oven for 2 hours until chips are dry and crisp.
 5. Remove from oven and let them cool completely. Store in a zipped plastic bag for up to 3 days to stay crispy.
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Upcoming Events and Activities

October 5 – Quarter 1 Ends.

October 8-12 - Fall Break. No School.

October 24-26 – Parent-Teacher Conference

October 29 – November 2 – Fall Spirit Week. Dress Up: TBA

October 31 – Happy Halloween

November 6 – Election Day. No School

November 12 – Veteran's Day. No School.

View PHIS' Calendar of Events at <https://bit.ly/2nucNgr>



School Community Council Meeting

October 16, 2018
3:15 PM in Room F105

Fall 2018 Parent-Teacher Conferences

Wednesday, October 24 to Friday, October 26
PHIS' Cafeteria ~ 2:00 PM to 3:00 PM

Note: Students will be released from school at 1:00 PM. Please stay tune for a special bell schedule for these 3 days.

School Highlights and Announcements –

Visit school website to view additional school highlights, images and announcements



Hawaii Educational Talent Search (HETS) would like to congratulate the four winners of the 5 Ws of FAFSA contest. Chelsea Anne Agpaoa, Jania Chang, Tara Santiago, and Aleya Yamashita won limited edition HETS Power Banks for correctly answering questions about the FAFSA. HETS members should check their school emails regularly for program updates, activities, and contests. If you are not sure if you are a member of HETS, stop by room F109B and check with Mrs. Downs. If you are not a member of HETS but would like to be one, stop by and pick up an application.

Need Math Tutoring?



Attention students! Do you need help with math class assignments, increase your mathematic skills, improve your grades and prevent from failing? Math Tutors will be available to assist you from Grade 7 through Analytical Geometry every school day at Mr. Behr's classroom S202.

Available times are: Before School (7:10-7:55 pm), Lunch Recess (12:30 pm -1 pm) and After School (2 – 3pm).

Bay Clinic Mobile Unit

The Hilo Bay Clinic Mobile Medical Van will be on campus October 23rd from 1-5 PM. They will be performing athletic physicals and wellness checks for current Bay Clinic members. Consent forms can be picked up at the Health Room. Walk-ins are available, but students will need parent permission in order to receive services. Please contact the School Health Aide for any questions or concerns at 313-4260 or Room N100.



PHIS' National Honor Society

On October 26, 2018, the National Honor Society (NHS) will be collecting HI-5 recyclable aluminum cans, plastic bottles, and glass bottles for our monthly fundraiser. Funds raised will pay for our dues to the national organization, purchase chords, stoles, and pins for our members, and pay for our yearbook expenses. Please contact Mr. Behr (313-4268), Ms. Bumanglag (313-4341), or Ms. Shiratori (313-4246) if you have recyclable items to donate. Thank you so much for supporting the NHS at PHIS!



Join a School Club this School Year!

Art, Athletics, Dance, Japanese, Spanish, Yoga, and many more. Contact PHIS' Student Activities Coordinator for More Information at 313-4275 or visit room U101.



Pahoa Schools Community Support Foundation Announcements

The Pahoa Schools Support Foundation is once again gearing up for their **Scholarship Plant Sale**. If you have any plants, produce or cut flowers to donate, please contact Joel Behr (313-4268), Sheryl Ogawa (313-4245) or Lois Iwashita (313-4320).

Pahoa Schools Community Support Foundation is asking for Donations to fund for Scholarships, Field Trips, Incentives to promote positive behavior, Registration fees for Student Enrichment Programs, Professional Development for Teachers, End of Year Celebration, Campus Community Service Day, Pahoa Elementary School Take-Home Library, AVID Program, Grad Night, etc. **Donate at <https://bit.ly/2NJxO2e>**



Requesting Beginning Crafts Supplies

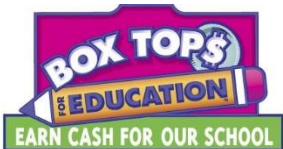
Ms. Prideaux's Beginning Crafts class is requesting recycled materials (cleaned) such as bottle tops, lids, small boxes, cans with lids, etc. for making sculptures. Please also save any flat, washed, [STYROFOAM containers](#). You can send supplies to Rm G101.

Spring 2019 Semester Drivers Education Classes

Do you have your driver's license permit? Are you hoping to get your license soon? The Pahoa Drivers Education Program is accepting registration for the Spring Semester classes. The course is limited to 16 students who first turn in a completed application. Visit Mrs. Nancy Iaukea in room M-101 for an application. If you have any questions Mrs. Iaukea can be reached at 313-4247 or email Nancy_Iaukea@notes.k12.hi.us.



PHIS' AVID Program Box Tops for Education Fundraiser



PHIS AVID Program is collecting **Box Tops for Education** to raise funds throughout the school year. Clip your box tops that are labeled on a lot of products such as zip-loc bags, bring them to the school office and put it in box labeled: Miguel. Thank you for your continued support

for this AWESOME program on campus.

CHECK OUT PARENTEENCONNECT.ORG

From the *Second Step* Team



ParentTeenConnect.org, a free website for parents and their teens created by the makers of the *Second Step* Program, is a great resource for middle school families. It provides expert advice and practical tools for dealing with real parent-teen issues.

GET TALKING WITH PARENTEEN CONNECT

At ParentTeenConnect.org, you can hear from real parents and teens about the issues that cause conflict in their lives—including screen time, independence, responsibility, and communication—and get expert advice. Visit ParentTeenConnect.org at home with your child, select a topic together, and get talking!

Athletic Events and Activities

Dates and Time subject to change without notice. Visit pahoahis.org or www.biifsports.com for new information. Contact School Athletic Director at 313-4242

Attention Student Athletes

Are you planning to participate in middle school and high school athletics? All student athlete participants must complete a health and sport physical prior to practices and tryouts. Do not wait too long to do a health and sports physical.

Risk Form – <https://bit.ly/2KMo70I>

Physical Examination Form – <https://bit.ly/2P3exd9>

Concussion Form - <https://bit.ly/2vDV0I1>

Winter Sports: Wrestling, Girls' Basketball, Boys' Basketball, Girls' Paddling, Boys' Paddling, Girls' Swimming, Boys' Swimming, Boys' Soccer, Girls' Soccer.

Cross Country Schedule at 2 PM

October 6 – at Kealakehe

October 19 – at HPA

Bowling Schedule at Kona 9 AM

October 6 (2 Games) – vs KS-Hawaii (9 AM); vs Kealakehe (12:30 PM)

October 13 (2 Games) – vs Hilo (9 AM); vs Konawaena (12:30 PM)

October 20 – BIIF Individual Championships (9 AM)

Football Schedule

October 13 – BIIF Championship Semi-Final at KS-Hawaii

October 20 – BIIF Championship Final, 2 PM

Girls' Volleyball Schedule, 6 PM

October 3 – at Laupahoehoe

October 4 – at Honokaa

October 5 - at Kealakehe

October 9 - at Kohala

October 11 – at Waiakea

October 15 – BIIF Playoffs for Ties

October 17 & 18 – BIIF Playoffs at Konaweana

Athletic Grade Checks

Monday, October 1st

Friday, October 26th

Athletic Service Project

Wednesday, October 31st

4 PM - 8 PM at

Pahoa Recreational Center



Attention Seniors –

Scholarships Opportunities Available

Visit school website at <https://bit.ly/2RfWa5w> or visit PHS High School Counselor's office Room F109 to learn more about recent Scholarships available.

Watch for Scholarships Scams

This past month there has been a significant increase in the number of scam scholarships that are targeting Hawai'i schools. What is a scholarship scam? These are scholarships that do not give out money, but the main purpose is to sell your students data.

Any new scholarship you are unsure of please feel free to email scams@scholarsapp.com.

List of Scholarship Scammers - <http://bit.ly/2Omi9tc>