

Pahoa High & Intermediate School

15-3038 Pahoa Village Road
Pahoa, HI 96778
Website: pahoahis.org
Phone Number: (808) 313-4300



Principal, Darlene Bee
Vice Principal, Kim Williamson
Vice Principal, Tiffany Pratt

School Breakfast & Lunch Program

Breakfast and Lunch is free and available every school day. Call or visit school front office for more information.



Healthy Recipes: Watermelon Burst Popsicles

Ingredients: 4 cups seedless watermelon; 2 tablespoons lime juice; Pinch of sea salt; 1 cup mango, cubed; ½-1 cup strawberries, sliced; 1 kiwi, sliced.

Directions: In a blender combine watermelon, lime juice, and sea salt until smooth. Place a handful of berries and cut up fruit in the bottom of each popsicle mold filling about two thirds of the way. Next, fill the mold with watermelon juice a little more than ¾ of the way. Place in freezer for 45 minutes or until slushy. Drop in more fresh fruit and insert wooden sticks into popsicles. Freeze for 4 hours or overnight.

Upcoming Events and Activities

- August 16** – PHIS Open House. 5 PM to 7 PM.
- August 17** – No School. Statehood Day.
- August 31** – Clubs Sign Up. NHS HI-5 Recycling Collection Event.
- September 18** – Class of 2019 Order Graduation Attire

View PHIS' Calendar of Events at <https://bit.ly/2nucNgr>



Interested in Receiving text messages from the school about upcoming events and important information?

Sign up at <https://bit.ly/2M9ks2l> to sign up. It is simple and a great way to keep on events at our school. If you have questions, please email Vice Principal Kim Williamson at kim_williamson@notes.k12.hi.us for more information.



Infinite Campus Portal

Parents & Students, if you have not already logged on to the Infinite Campus Parent or Student Portal, please contact Tom VanDeren at 313-4261 or at thomas_vanderen@notes.k12.hi.us to do so. The portal will include grades, attendance, and class schedule information, is updated in real time, and can be downloaded onto your mobile devices once you've initially logged on.

School Highlights and Announcements –

Visit school website to view additional school highlights, images and announcements



Principal's Message

Aloha Parents and Guardians,

Welcome to a new and exciting year at Pahoa High & Intermediate School. As a community, we have gone through some major challenges. The community pulled together to support each other and we received the support from many agencies, families, and business partners. Our theme this year is "Aloha". It is fitting as we all experienced the wealth of 'Aloha' through these challenging times.

We always treasure your support and feedback to help us improve the way we do things. Together we can overcome any obstacle as we move ONWARD AND UPWARD!!!

Mahalo for all that you do!!!

Pahoa Intermediate School Message

Dear Families of 7th and 8th Grade Pahoa High and Intermediate Students,

We want your child to be successful in school, and that means going beyond the basics. Excelling in academic classes is important, but students also need to know how to learn, make good decisions, handle strong emotions, and get along with others.

This week, we'll begin the *Second Step* Middle School Program, which focuses on skills and concepts that are designed to help students both in and out of school. These include:

Mindsets and Goals: Students learn about ways to grow their brains and get smarter, along with research-based strategies for achieving goals and handling difficult situations.

Values and Friendships: Students learn to identify their personal values and use those values to make good decisions and build strong, positive relationships.

Thoughts, Emotions, and Decisions: Students learn the positive role emotions play in their lives, how to handle unhelpful thoughts and strong emotions, and specific strategies for calming down.

Serious Peer Conflicts: Students learn how to identify and avoid serious conflicts, resolve conflicts that can't be avoided, think about other people's perspectives, and help stop bullying and harassment at school.

If you have any questions about the *Second Step* Middle School Program, please do not hesitate to contact me for more information. Thank you for supporting your child in learning the skills and concepts that lead to success in school and in life.

Sincerely,
Vice Principal Kim Williamson

Report Cards / Progress Reports 2018-19

Grading Periods		Report to parents	
Period	Ends on	Distributed by	Mode of distribution
Mid-Quarter 1	9/7/2018	9/11/2018	Sent home with student
Quarter 1	10/5/2018	10/24/2018	Parent Conference *
Mid-Quarter 2	11/16/2018	11/21/2018	Sent home with student
Quarter 2 / Semester 1	12/21/2018	1/16/2019	Sent home with student
Mid-Quarter 3	2/8/2019	2/13/2019	Sent home with student
Quarter 3	3/15/2019	4/10/2019	Parent Conference *
Mid-Quarter 4	4/26/2019	5/1/2019	Sent home with student
Qtr 4 / Semester 2 / Final	6/3/2019	6/15/2019	Mailed home

* Parent Conferences: October 24, 25, 26; April 10, 11, 12 from 2:00-3:00 in Cafeteria

Coding at PHIS



PHIS students learn the basics of coding using Science, Technology, Engineering and Math (STEM) concepts with visiting teacher Brian Aspinall on August 7, 2018.

Drivers Education Classes at PHIS

Do you have your driver's license permit? Are you hoping to get your license soon? The Paho Drivers Education Program is accepting registration for the next class which could be in September. The course is limited to 16 students who first turn in a completed application. Visit Mrs. Nancy Iaukea in room M-101 for an application. If you have any questions Mrs. Iaukea can be reached at 313-4247 or email Nancy_luakea@notes.k12.hi.us.



PHIS' National Honor Society

On August 31, 2018, Friday, the National Honor Society (NHS) will be collecting HI-5 recyclable aluminum cans, plastic bottles, and glass bottles for our monthly fund raiser. Funds collected will pay for our dues to the national organization, purchase chords, stoles, and pins for our members, and pay for our yearbook expenses.

Please contact Mr. Behr (313-4268), Ms. Bumanglag (313-4341) or Ms. Shiratori (313-4246) if you have recyclable items to donate. Thank you so much for supporting the NHS at PHIS!

Senior Class of 2019

Welcome to your final year of high school! As exciting as it is, there are two very important dates to remember.

- 1) **Wed, Sept 18, 2018** - Order graduation attire; cost will be approximately \$55. Packets will be distributed soon. See Ms. Harbaugh in U201 for more information.
- 2) **Sun. May 26, 2019** - Commencement Ceremony, 5:30 pm @ Afook-Chinen Civic Auditorium. See Mrs. Niimi in S201 if you have any concerns.

Requesting Supplies for Beginning Crafts Class

Aloha PHIS Family,
Students in my Beginning Crafts class will be working on printing projects soon. Please save any flat, washed, [STYROFOAM containers](#) (that would otherwise be thrown away). Students can bring the containers to room G101. If you have any questions, feel free to contact me at 313-4328.

Mahalo, Ms. Prideaux, Art Teacher

Athletic Events and Activities

Dates and Time subject to change without notice. Visit pahoahis.org or www.biifisports.com for new information.

Contact School Athletic Director at 313-4242

Attention Student Athletes

Are you planning to participate in middle school and high school athletics? All student athlete participants must complete a health and sport physical prior to practices and tryouts. Do not wait too long to do a health and sport physical.

Risk Form – <https://bit.ly/2KMo70I>

Physical Examination Form – <https://bit.ly/2P3exd9>

Concussion Form - <https://bit.ly/2vDV011>

Cross Country Schedule

- September 1 – at HPA, 10 AM
- September 8 – at KSH, 2 PM
- September 15 – at Kea'au, 10 AM
- September 22 – at HPA, 10 AM

Bowling Schedule at Kona 9 AM

- August 25
- September 8, 15 & 22

Football Schedule

- August 25 – at Lanai, 11 AM
- September 6 – vs. Ka'u, Kea'au High School 6 PM
- September 14 – at Kea'au JV (11-Man), 5 PM
- September 22 – vs Kohala, Kea'au High School, 1 PM

Girls' Volleyball Schedule

- August 17 – at Konawaena, 6 PM
- August 22 – at Kea'au, 6 PM
- August 31 & September 1 – GVB Kamehameha Tournament
- September 5 – at Ka'u, 6 PM
- September 7 – at Hilo, 6 PM
- September 14 – at Parker, 6 PM
- September 21 – vs St. Joseph's, Hilo Armory 6 PM

Athletic Grade Checks

- Thursday, August 16
- Tuesday, September 4
- Monday, September 17

Athletic Service Project

- Saturday, August 18
- Walmart at 8 AM-12 PM

CHECK OUT PARENTEENCONNECT.ORG

ParentTeenConnect.org, a free website for parents and their teens From the *Second Step Team* created by the makers of the Second Step Program, is a great resource for middle school families. It provides expert advice and practical tools for dealing with real parent-teen issues.



GET TALKING WITH PARENTEEN CONNECT

At ParentTeenConnect.org, you can hear from real parents and teens about the issues that cause conflict in their lives—including screen time, independence, responsibility, and communication—and get expert advice. Visit ParentTeenConnect.org at home with your child, select a topic together, and get talking!