

Additional Information:

Crisis Line of Hawaii If you or your family are experiencing a mental health crisis please call:
Statewide... **800-753-6879**

Food Basket/ Soup Kitchen Schedules

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Website: <https://www.hawaiifoodbasket.org/hawaii-food-pantry-soup-kitchen-schedule/>

Hilo...808-933-6030
Kona...808-322-1418

Salvation Army Emergency assistance: food and clothing to persons without resources. Special meals and food bags. Assistance in locating missing persons.
Hilo ...808-935-1277
Kona ... 808-326-2330

American Red Cross Services to victims of disaster, community education
Hawaii Island...808-935-8305

Hope Services
808-935-3050

HAWAII POLICE NON-EMERGENCY
808-935-3311

Non Discrimination

No one shall be excluded from or be denied access to services because of his/her race, color, age, sex, physical or mental disability, religious creed, national origin, or political beliefs.

CARE HAWAII INC. SERVICES

EH-CMO/CSM Crisis services
891 Ululani St. Hilo, Hawaii 96720
Phone: **1-800-753-6879**

WH-CMO/CSM Crisis services

79-7446 Hawaii Belt Rd.
Kealahou, Hawaii 96750
Phone: **1-800-753-6879**

ADAD-ICM Services

Alcohol, Drug Abuse Division
891 Ululani St. Hilo, Hawaii 96720
Phone: **808-989-1319**

IOP Services

Intensive Outpatient Program 891 Ululani St. Hilo, Hawaii 96720
Phone: **808-930-0777**

CBCM

Community Based Case Management 891 Ululani St Hilo, Hawaii 96720
Phone: **808-930-0777**

EH SRSP

Dual Diagnosis Substance Treatment
Services 891 Ululani St. Hilo, Hawaii 96720
Phone: **808-930-0777**

CCS Community Care Services

Case Management Ululani St Hilo, Hawaii 96720
Phone: **808-930-0777**

Developmental Disabilities Crisis Services

EH-891 Ululani St.
Hilo, Hawaii 96720
WH- 79-7446 Hawaii Belt Rd
Kealahou, Hawaii 96750

LCRS - License crisis residential shelter
100 Apoke St
Hilo, Hawaii 96720



Crisis Counseling Program

Tel: **808-329-4817**

Crisis Line of Hawaii

Statewide... **800-753-6879**

WHAT WE DO:

Crisis Counseling Program (CCP) helps survivors access their strengths and coping skills through community based outreach. We provide free short term aid to individuals and groups experiencing loss during the Kilauea eruption.

Our goal is to help promote the use of or development of coping strategies, providing emotional support, public education and connecting our communities to local agencies who may help survivors recover during this difficult time.

WHAT IS CCP ?

The CCP is composed of two grants programs.:

- *Regular Services Program (RSP)*
9 months in duration
- *Immediate Services Program (ISP)*
60 days in duration

The CCP is:

- Funded by FEMA
- Authorized under the Robert T. Stafford Disaster Relief and Emergency Assistance Act (Stafford Act)
- Must require a Presidential declaration of disaster for Individual Assistance for short-term behavioral health support when disaster response needs are beyond the state capacity.
- Culturally competent, understanding, respectful, and sensitive to the communities that are being served.

HELPFUL INFORMATION:

Recognizing Common Reactions to Disasters

Physical Reactions:

- Fatigue, exhaustion
- Changes in appetite
- Agitation
- Elevated blood pressure
- Headaches
- Nausea

Emotional Reactions:

- Depression, sadness
- Irritability anger, resentment
- Anxiety, fear
- Despair, hopelessness
- Unpredictable mood swings

Cognitive Reactions:

- Blaming self or others
- Confusion, disorientation
- Preoccupation with disaster
- Difficulty making decisions

Behavioral Reactions:

- Problems sleeping
- Crying easily
- Increasing alcohol/drug use
- Antisocial acts against self or others

Stress and grief are normal reactions to a difficult situations. Social support systems (family, friends, etc.) are crucial to recovery. Everyone recovers in their own way and at their own pace.

WHO CAN PROVIDE CCP SERVICES?

-States, U.S. territories and federally recognized tribes are eligible to apply.

-Services will be provided to affected areas by behavioral health groups through contracts with a State Department of mental health.

-Mental health professional and paraprofessional who are trained and will be supervised to deliver crisis counseling services.

-CCP are usually staffed by local members of the communities and are sometimes victims themselves.

WHAT ARE THE KEY PRINCIPLES OF THE CCP MODEL?

- CCP services promote resilience, empowerment and recovery.
- Our services are anonymous and crisis counselors do not label, keep records, or keep case files.
- We provide non-traditional outreach by going to homes & communities.